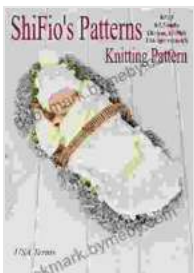


3mths 6mths USA Terminology: A Comprehensive Guide for International Visitors

If you're an international visitor planning to give birth in the United States, it's important to be familiar with the local terminology. This guide will help you understand the terms you're likely to encounter during your pregnancy and childbirth experience.



Knitting Pattern - KP128 - Baby papoose Cocoon Sizes: 0-3mths 3-6mths - USA Terminology by J. Torres

★★★★☆ 4.3 out of 5

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Pregnancy Terminology

- **Antepartum:** The period of time before childbirth.
- **Gestation:** The period of time from conception to birth.
- **Trimester:** A three-month period of pregnancy. There are three trimesters in a pregnancy.
- **Fetus:** The developing baby in the womb.

- **Embryo:** The developing baby in the womb during the first eight weeks of pregnancy.
- **Placenta:** The organ that connects the mother to the baby and provides nourishment and oxygen.
- **Amniotic fluid:** The fluid that surrounds the baby in the womb.
- **Ultrasound:** A medical test that uses sound waves to create images of the baby in the womb.
- **Prenatal care:** The medical care that a pregnant woman receives during pregnancy.
- **Due date:** The estimated date of delivery.
- **Labor:** The process of giving birth.

Childbirth Terminology

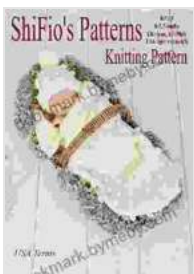
- **Vaginal delivery:** The process of giving birth through the vagina.
- **Cesarean section:** A surgical procedure in which the baby is delivered through an incision in the abdomen.
- **Episiotomy:** A surgical cut made in the perineum (the area between the vagina and the anus) to prevent tearing during childbirth.
- **Forceps delivery:** A delivery in which forceps (metal instruments) are used to help deliver the baby.
- **Vacuum extraction:** A delivery in which a vacuum extractor (a suction cup) is used to help deliver the baby.
- **Postpartum:** The period of time after childbirth.
- **Breastfeeding:** The process of feeding a baby with breast milk.

- **Formula feeding:** The process of feeding a baby with formula (artificial milk).

Other Important Terminology

- **OBGYN:** A doctor who specializes in obstetrics and gynecology (pregnancy and childbirth).
- **Midwife:** A healthcare professional who assists women with pregnancy, childbirth, and postpartum care.
- **Doula:** A non-medical professional who provides emotional and physical support to women during pregnancy, childbirth, and postpartum.
- **Hospital:** A medical facility where women can give birth.
- **Birth center:** A facility that provides a home-like environment for women to give birth.

This guide is just a starting point. There are many other terms that you may encounter during your pregnancy and childbirth experience. Don't be afraid to ask your doctor, midwife, or doula for clarification if you don't understand something.



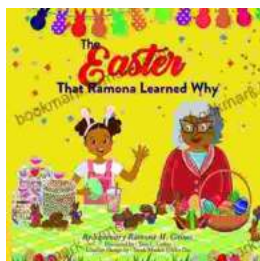
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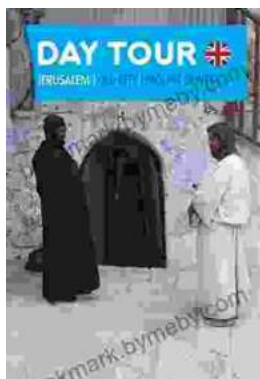
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