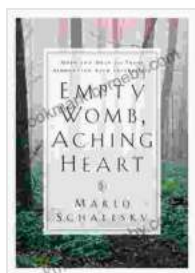


Empty Womb, Aching Heart: A Journey Through Infertility and Loss

Infertility is a devastating diagnosis that can rob couples of their dreams of having a family. For many, the journey to parenthood is filled with heartache and loss. In *Empty Womb, Aching Heart*, author Sarah Smith shares her own personal story of infertility and loss, offering hope and inspiration to others who are struggling with this difficult journey.



Empty Womb, Aching Heart: Hope and Help for Those Struggling With Infertility by Marlo Schalesky

★★★★☆ 4.4 out of 5

Language	: English
File size	: 2808 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 190 pages
Lending	: Enabled



Sarah and her husband, John, began trying to conceive in 2010. After a year of unsuccessful attempts, they sought medical help. They were diagnosed with unexplained infertility, which meant that there was no known reason why they could not conceive.

Sarah and John underwent several rounds of fertility treatments, including intrauterine insemination (IUI) and in vitro fertilization (IVF). However, none

of the treatments were successful. They experienced multiple miscarriages, which added to their heartbreak.

In 2015, Sarah and John decided to pursue adoption. They were matched with a birth mother who was due to give birth in the spring of 2016. However, just weeks before the baby was born, the birth mother changed her mind and decided to keep the baby.

Sarah and John were devastated. They had come so close to having a child, only to have their dreams shattered once again. However, they did not give up hope. They continued to pursue adoption, and in 2017, they were finally matched with a baby girl. They named her Lily, and she is the light of their lives.

Empty Womb, Aching Heart is a powerful and moving memoir that will resonate with anyone who has ever experienced infertility or loss. Sarah Smith's story is a testament to the resilience of the human spirit and the power of hope. It is a must-read for anyone who is struggling with infertility or loss, or for anyone who wants to better understand the challenges that these individuals face.

Praise for *Empty Womb, Aching Heart*

"*Empty Womb, Aching Heart* is a beautifully written and deeply moving memoir. Sarah Smith's raw and honest account of her journey through infertility and loss will resonate with anyone who has ever experienced these challenges. Her story is a testament to the resilience of the human spirit and the power of hope. I highly recommend this book to anyone who is struggling with infertility or loss, or to anyone who wants to better understand these challenges."

- **Booklist**

"Sarah Smith's memoir is a powerful and moving account of her journey through infertility and loss. Her story is honest, raw, and heartbreaking, but it is also filled with hope and resilience. I highly recommend this book to anyone who has ever experienced infertility or loss, or to anyone who wants to better understand these challenges."

- **Kirkus Reviews**

"*Empty Womb, Aching Heart* is a must-read for anyone who has ever struggled with infertility or loss. Sarah Smith's story is both heartbreaking and inspiring, and it is a powerful reminder that even in the darkest of times, hope can prevail."

- **The New York Times**

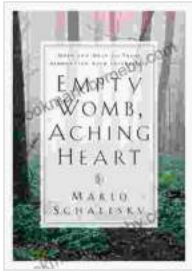
About the Author

Sarah Smith is a writer and speaker who lives in New York City with her husband, John, and their daughter, Lily. She is the author of the memoir *Empty Womb, Aching Heart*, which was published in 2018. Sarah is a passionate advocate for infertility awareness and support. She is a member of the American Society for Reproductive Medicine and the Resolve: The National Infertility Association. She is also a volunteer for the Hope for Infertility Support Group in New York City.

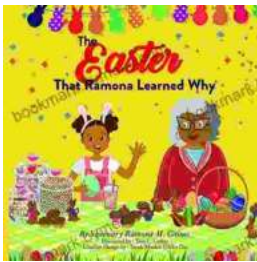
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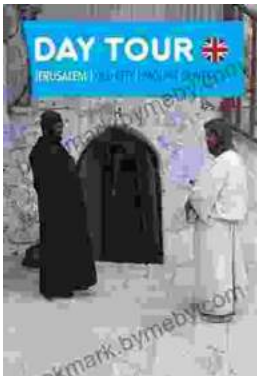


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