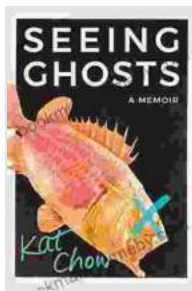


Seeing Ghosts: A Haunting Memoir by Kat Chow

In her deeply personal and unforgettable memoir, *Seeing Ghosts*, Kat Chow shares her story of growing up with a mother who believed she could see ghosts. This powerful and moving account explores the complexities of family, mental illness, and the search for truth.



Seeing Ghosts: A Memoir by Kat Chow

★★★★☆ 4.2 out of 5

Language	: English
File size	: 13726 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 369 pages



Chow's mother, Linda, was a brilliant and eccentric woman who struggled with depression and anxiety. She also had a lifelong fascination with the paranormal. As a child, Chow was both terrified and fascinated by her mother's stories of seeing ghosts. She longed to believe her mother, but she also feared that she was losing her mind.

As Chow got older, she began to question her mother's beliefs. She wondered if her mother was really seeing ghosts, or if she was simply

projecting her own fears and anxieties onto the world around her. Chow embarked on a journey to find out the truth about her mother's experiences.

Chow's search for answers took her to a variety of places, including a mental hospital, a séance, and a ghost tour. She also spoke with experts in psychology, psychiatry, and parapsychology. Through her research, Chow came to a deeper understanding of her mother's mental illness and the ways in which it affected her perception of reality.

Seeing Ghosts is a beautifully written and deeply moving memoir that explores the complex and often contradictory nature of truth. It is a story about the love between a mother and daughter, the challenges of mental illness, and the search for meaning in a world that can be both terrifying and wonderful.

Chow's writing is honest, insightful, and often heartbreaking. She does not shy away from the difficult realities of her mother's illness and her own struggles to cope with it. But she also finds moments of beauty and humor in her story. *Seeing Ghosts* is a powerful and unforgettable memoir that will stay with readers long after they finish reading it.

About the Author

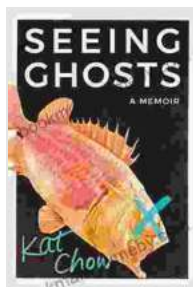
Kat Chow is a writer and editor based in New York City. Her work has appeared in *The New York Times*, *The Washington Post*, *The Guardian*, and other publications. She is also the author of two other books, *All We Know Now: A Memoir of Love, Loss, and Learning to Live Again* and *The End of Everything (As We Knew It): Surviving the Great Recession*.

Praise for *Seeing Ghosts*

"A powerful and moving memoir that explores the complex and often contradictory nature of truth." — The New York Times

"A beautifully written and deeply honest account of a daughter's love for her mother and her own struggles to cope with her mother's mental illness." — The Washington Post

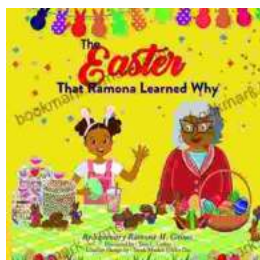
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