Straps, Slip Knots, Falls, Bars and Bundles: A Comprehensive Guide to Modern Rigging Techniques for Aerialists

Aerial rigging is an essential skill for any aerialist. It allows you to safely and securely suspend yourself from the air, and to perform a wide range of maneuvers and tricks. However, rigging can also be complex and challenging, especially for beginners.



Paracord Fusion Ties - Volume 1: Straps, Slip Knots,

Falls, Bars, and Bundles by J.D. Lenzen

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That's where this guide comes in. In this comprehensive resource, you'll learn everything you need to know about modern rigging techniques, from the basics of knots and falls to the more advanced techniques of straps, bars, and bundles. With clear instructions and detailed illustrations, this guide will help you master the art of aerial rigging and take your aerial skills to the next level.

Chapter 1: The Basics of Aerial Rigging

In this chapter, you'll learn the basics of aerial rigging, including:

- The different types of aerial equipment
- How to choose the right equipment for your needs
- The basic knots and falls used in aerial rigging
- How to safely and securely suspend yourself from the air

Chapter 2: Straps

Straps are a versatile piece of equipment that can be used for a wide range of aerial maneuvers. In this chapter, you'll learn:

- The different types of straps
- How to choose the right straps for your needs
- How to rig and use straps safely and effectively
- Advanced strap techniques, such as the butterfly wrap and the shoulder mount

Chapter 3: Slip Knots

Slip knots are essential for aerial rigging, as they allow you to quickly and easily adjust the length of your rigging. In this chapter, you'll learn:

- The different types of slip knots
- How to tie and use slip knots safely and effectively

 Advanced slip knot techniques, such as the French cleat hitch and the prusik knot

Chapter 4: Falls

Falls are a controlled descent from the air. They can be used for a variety of purposes, such as entering and exiting the apparatus, performing tricks, and creating a sense of drama. In this chapter, you'll learn:

- The different types of falls
- How to choose the right fall for your needs
- How to perform falls safely and effectively
- Advanced fall techniques, such as the tuck fall and the free fall

Chapter 5: Bars

Bars are a type of aerial equipment that can be used for a variety of maneuvers, such as swings, drops, and spins. In this chapter, you'll learn:

- The different types of bars
- How to choose the right bars for your needs
- How to rig and use bars safely and effectively
- Advanced bar techniques, such as the trapeze dismount and the aerial drop

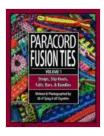
Chapter 6: Bundles

Bundles are a type of aerial equipment that is made up of multiple pieces of fabric or rope that are tied together. Bundles can be used for a variety of

purposes, such as creating aerial hammocks, swings, and nets. In this chapter, you'll learn:

- The different types of bundles
- How to choose the right bundles for your needs
- How to rig and use bundles safely and effectively
- Advanced bundle techniques, such as the aerial hammock and the aerial net

With this comprehensive guide to modern rigging techniques, you'll have everything you need to know to safely and effectively perform a wide range of aerial maneuvers. So what are you waiting for? Start rigging today and take your aerial skills to the next level!

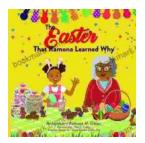


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