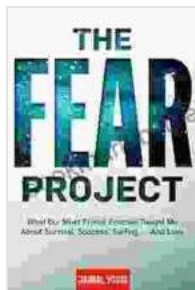


What Our Most Primal Emotion Taught Me About Survival, Success, Surfing, and Love



The Fear Project: What Our Most Primal Emotion Taught Me About Survival, Success, Surfing . . . and Love by Jaimal Yogis

★★★★☆ 4.6 out of 5

Language	: English
File size	: 1090 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 272 pages



Fear is a powerful emotion that can be both debilitating and motivating. In his new book, *What Our Most Primal Emotion Taught Me About Survival, Success, Surfing, and Love*, author John Durant shares his personal journey of overcoming fear and using it to fuel his success in life.

Through his experiences as a professional surfer, entrepreneur, and father, Durant provides readers with a unique perspective on the role of fear in our lives. He argues that fear is not something to be avoided, but rather something to be embraced and used as a catalyst for growth.

Durant's book is divided into four parts, each of which explores a different aspect of fear. In the first part, Durant discusses the role of fear in survival.

He shares stories of how he has used fear to stay alive in dangerous situations, both in the ocean and on land.

In the second part of the book, Durant explores the role of fear in success. He argues that fear can be a powerful motivator, driving us to achieve our goals. He shares stories of how he has used fear to overcome obstacles and achieve success in his career.

In the third part of the book, Durant explores the role of fear in surfing. He argues that fear is an essential part of surfing, and that it can help us to improve our skills and push our limits. He shares stories of how he has used fear to become a better surfer.

In the fourth and final part of the book, Durant explores the role of fear in love. He argues that fear can be a powerful force in relationships, both positive and negative. He shares stories of how he has used fear to build strong and lasting relationships.

What Our Most Primal Emotion Taught Me About Survival, Success, Surfing, and Love is a powerful and inspiring book that will help you to overcome your fears and achieve your full potential. Durant's writing is honest and engaging, and his stories are both relatable and motivating. This book is a must-read for anyone who wants to live a more fearless and fulfilling life.

Free Download your copy of *What Our Most Primal Emotion Taught Me About Survival, Success, Surfing, and Love* today!

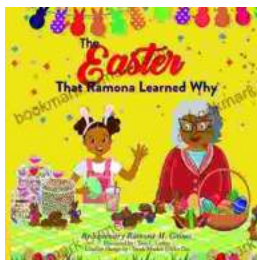
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Love by Jaimal Yogis

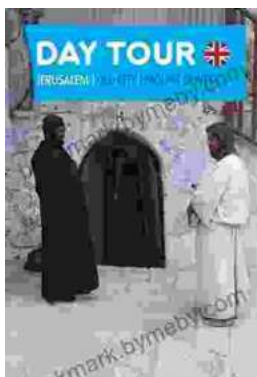
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