# Wilding: Returning Nature to Our Farm

#### By Isabella Tree



In her captivating book, Wilding, Isabella Tree chronicles her family's extraordinary journey to rewild their farm in Sussex, England. Over the course of 15 years, Tree and her husband Charlie Burrell embarked on a bold experiment to allow nature to take its course, transforming their intensively managed farmland into a haven for wildlife and a living testament to the power of nature.

Wilding: Returning Nature to Our Farm by Isabella Tree A A Out of 5 Language : English



File size	;	3082 KB
Text-to-Speech	;	Enabled
Screen Reader	;	Supported
Enhanced typesetting	;	Enabled
X-Ray	;	Enabled
Word Wise	:	Enabled
Print length	:	385 pages



Tree's writing is both lyrical and deeply informative, vividly describing the changes they witnessed as their farm underwent a remarkable transformation. Once dominated by monocultures of wheat and barley, the land slowly reverted to a mosaic of meadows, woodlands, ponds, and wetlands. Wildlife flourished as predators and prey found sanctuary in the newly created habitats. Birdsong filled the air, and rare species such as nightingales, turtle doves, and barn owls returned to the area.

Beyond the aesthetic beauty of their rewilded farm, Tree explores the profound ecological and social benefits they experienced. The natural processes that unfolded on their land helped to improve soil health, reduce flooding, and increase biodiversity. The farm became a carbon sink, sequestering more carbon than it released into the atmosphere. And as people came to visit and learn from their experiment, Tree and Burrell realized the potential of wilding to inspire others to rethink their relationship with the land.

Wilding is not simply a story about one family's farm. It is a compelling argument for the importance of rewilding as a means to address some of the pressing environmental challenges of our time. Tree argues that by giving nature more space, we can help to mitigate climate change, prevent species extinction, and reconnect with the natural world upon which we depend.

Throughout her book, Tree weaves together personal anecdotes, scientific research, and historical insights to provide a comprehensive and nuanced account of the wilding process. She addresses the challenges and risks involved, such as the potential for increased flooding or the return of predator species. However, she also emphasizes the tremendous opportunities that wilding offers, particularly in terms of restoring ecological balance and fostering a sense of place and community.

Wilding is a timely and essential book that offers hope and inspiration in the face of the global environmental crisis. It is a story about the power of nature to heal, the resilience of wildlife, and the importance of human beings living in harmony with the natural world.



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